



Family News

March 2003

News and Information for Families of individuals at Muscatatuck SDC and Madison State Hospital during the transition to community-based services.

Update — Governor's Commission Awards Mini-Grants for Community Partnerships

The Indiana Family and Social Services Administration and the Governor's Commission on Home and Community-Based Services have awarded 12 mini-grants totaling more than \$430,000 to expand home and community-based services for the elderly and disabled.

Grantees in the first round of awards include: a pilot project with The Villages of Indiana in Bloomington to refine the direct entry of licensing data into the Indiana Child Welfare Tracking System (ICWIS); establish a Transition Coordinator to work with Evansville School Corp. to ensure day-to-day transitioning for students with disabilities; training and support for consumer-directed care providers employed by aged and disabled Medicaid Waiver clients in Bloomington; training materials for the transitional care of developmentally disabled and mentally ill in Logansport; and a Ride Solution Barrier Removal Project in Linton to provide transportation for people with disabilities.

Applications for the second round of grants are due by Tuesday, April 15, 2003. For more information or mini-grant application materials, visit the Commission's home page at:

<http://www.in.gov/fssa/community>

Secretary John Hamilton Responds to Questions About Group Homes

Q What residential living programs are available for individuals who are seriously mental ill and chronically addicted in Indiana?

A The Federal Olmstead Act has required that states move toward smaller, more home-like community-based residential options for individuals with varying disabilities who need residential services. To that end the Indiana Division of Mental Health and Addiction has required Community Mental Health Centers (CMHC) and Managed Care Providers (MCP) to offer varying levels of care and alternatives as described in 440 IAC 7.5 for those in need. These options are: Semi Independent Living Programs (SILP); Alternative Families for Adults (AFA); Transitional Residential Facilities (TRS); Supervised Group Living Facilities (SGL) and Sub Acute Facilities (SUB). All must meet the standards for environment, health, safety etc. Each program has individual requirements overlaying these basic standards. The Community Mental Health Centers and Managed Care Providers certify the SILP, AFA and TRS and see that they meet the standards found in 440 IAC 7.5 and the Division of Mental Health and Addiction licenses or certifies the SGLs and SUBs and makes sure those facilities meet the standard.

Q Who else might provide residential services to individuals with mental illness or addictions?

A The Division of Mental Health and Addiction also certifies Residential Care Providers (RCP) or Addiction Service Regular (ASR) certification holders which may provide TRSs,

(Continued on page 2)

(Q & A, continued from page 1)

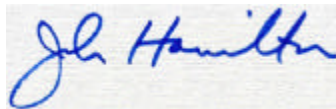
SGLs or SUBs. The RCPs must meet standards established in 440 IAC 6 to be certified to operate residential programs. ASRs are deemed to be RCPs if they are accredited for residential programming. The RCPs and ASRs must seek additional licensure or certification for its SGLs and SUBs from the Division.

Q Is there other oversight for these programs?

A Yes, all SGLs and SUBs must also be accredited by accrediting agencies such as the Joint Commission on Accreditation of Healthcare Organizations, Rehabilitation Accreditation Commission, Council on Accreditation Services for Families and Children and others which are approved by the Division, along with TRSs with 16 or more residents. The SILP and AFA programs are included in the accreditation surveys of the CMHCs and MCPs which have them.

Q How often are the residential programs inspected?

A The Division requires annual fire, safety and health inspections to be done by local fire and health departments and by the State Fire Marshal and the State Department of Health. Also, accreditation must be renewed every three years, which requires a survey and visits by the accrediting agency during that time. The Division itself inspects each new SGL and SUB and occasionally visits TRSs and other programs. If there is a complaint about a residential program and follow-up indicates a need, the Division may also visit the program or send an agent of the Division in to investigate.



Interactive Video Conference
Medicaid Waivers — What You Need To Know
Plan to attend the workshop via interactive video conference on March 26, 9:00 a.m.-11:00 a.m. For information and the registration form, go to The Arc of Indiana's web site at:
<http://www.arcind.org/waivervideoconference.htm>

Message from Nikki Morrell

I am pleased and excited FSSA Secretary John Hamilton has chosen me to lead the Agency's 18-county Southeast Region. I look forward to the challenges and the satisfaction of being FSSA's first Regional Director. Our success in this new endeavor – coordinating and providing services for people with disabilities, mental illness or addictions – will be the result of the hard work of many people who believe in community-based services. My professional philosophy, based on many years in human services, is that the individuals we serve should have access to a full continuum of services available near their homes. It is extremely important that these individuals' loved ones be active participants in service design and decision-making. Choice is central to the provision and coordination of services to those in need of FSSA's services.

I will work with an advisory panel to ensure that decisions are based on the input of many.

Part of the service delivery system in the Southeast Region will be a Regional Center, using portions of the current campus of Madison State Hospital. Plans are underway for the construction of new areas, and the rehabilitation of some current buildings. The Center will be the "base-camp" for the Region and will include in-patient units as well as an outreach center.

The future holds much promise and many changes in service delivery. As Regional Director, I am proud to be part of this future and look forward to working with you.

Governor's Council on State-Operated Care Facilities

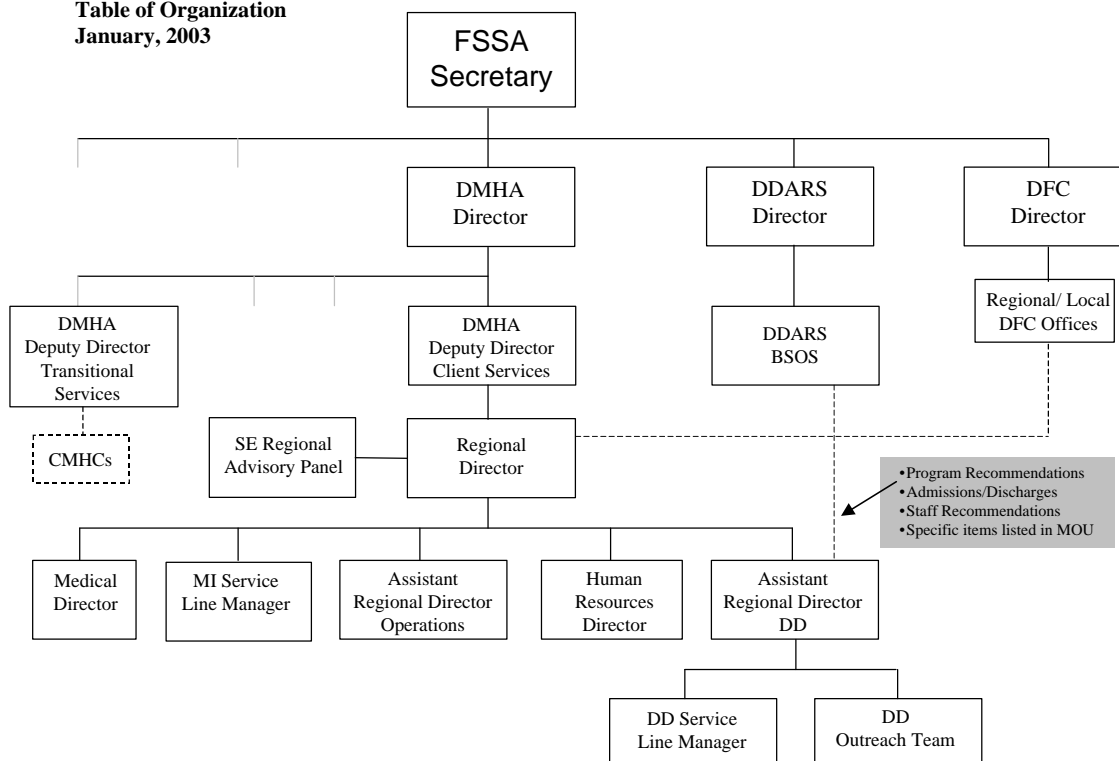
In November 2000, the Governor's Council on State-Operated Care Facilities recommended that, whenever possible, people should be served in the community instead of in facilities. The Council's final report called for the creation of regional services in eight areas around the state. The Southeast was the first region to complete a planning process and have a regional director assigned. This organizational chart shows the way in which all FSSA divisions will be involved in working with community partners, consumers, families and providers to coordinate services. A permanent advisory panel will be named this spring to work with FSSA in identifying needs, service gaps and ways to fill them.

Workshop Beginning March 11th in 17 Cities —

It's My Choice...Getting Started with Person-Centered Planning

The Waiver Information Network (WIN) will present "It's My Choice...Getting Started with Person-Centered Planning" which is designed primarily for family members who have loved ones with developmental disabilities and people with developmental disabilities. It will be particularly helpful to those who are receiving, or who have been targeted to receive, home and community-based services from a Medicaid Waiver. Families who have a young adult who is transitioning out of special education will also find it helpful. For additional information e-mail trainingatIPIN@aol.com or phone 1-800-964-4746. The web site address is: <http://www.in.gov/ipin/trainingevents.html>

**FSSA
Southeast Region
Table of Organization
January, 2003**





Keep In Mind

MSDC/MSH Info Hot Line:

800-903-9822

Div. of Disability, Aging &
Rehab Services:

800-545-7763

Ombudsman: **800-622-4484**

Div. of Mental Health &
Addiction:

800-901-1133

Strengthen me by sympathizing with my
strength, not my weakness.
A. Bronson Alcott, Educator

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Future Issues

- ♦ Resources
- ♦ Your Ideas

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«ADDRESS»
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